



PRESSURE-RELIEF ANKLE FOOT ORTHOSIS (PRAFO)

- Do not attempt to walk with the PRAFO unless it has a walking base attached to it or you have a cast shoe to wear over the PRAFO. You could slip and fall without the above.
- Notify your orthotic/prosthetic professional immediately if you should develop any pressure points or discoloration of the skin while wearing the PRAFO.
- Washing the liner of the PRAFO will reduce its thickness. We suggest washing this liner as sparingly as possible.
- Occasionally check the screws of the PRAFO to be certain they are tightly secured.
- To prevent the potential spread of disease/infection, DO NOT loan PRAFO to anyone else. Multiple users of one PRAFO are at risk of developing an infection.

If you have any questions or concerns about your night splint, please contact your Orthotist.